



SPRING 2020 Shark Squad

Come exercise with us before school.....

There is compelling evidence that physical activity prior to learning charges a child's brain. Our program is designed to help alleviate stress and sharpen thinking skills through physical activity. The Shark Squad Program engages & teaches daily themes about health and wellness and the importance of movement in everyday lives. Trainers work directly with children, challenging them to achieve their own personal fitness goals through fitness related activities.

WHEN:

Starting Date: Tuesday, January 7th, 2020

Ending Date: Friday, June 19th, 2020

Grades K1- Grade 2 meet on Tuesdays and Thursdays!

Grades 3 and up meet on Wednesdays and Fridays!

PAYMENT: (One time payment for Spring Session, however payment plans and scholarships are available! Please email Ryan Barrett: ryankathleen87@gmail.com for more info)

1 Child: \$450

2 Children: \$550

3 Children: \$650

A Day in the Tank!

7:30-8:00- Drop off/ Free Play

8:00- 8:05- Morning Meeting

8:05- 8:40- Group game/ Bootcamp

8:40-8:55- Cool Down

8:55- Shark Tank

9:00- Morning Snack/ Breakfast in the cafeteria

REMINDERS:

PLEASE be on time! Drop off is from 7:30-8:00 am. We really try to stick to our schedule and explain every game in detail during our morning meeting. Children coming in late can be disruptive to the program, often requiring us to stop, shuffle team mates around, and re-explain game rules.

Please pack a labeled waterbottle, and be sure your child is wearing sneakers. Please also pack a healthy snack!

Our Shark Squad Trainers...

Our Shark Squad trainers Ryan Barrett and Katie O'Connell are looking forward to another great session with our Perry Sharks!

****Please fill out the attached form to register for Shark Squad.**



SPRING SHARK SQUAD 2020 APPLICATION

CHILD'S INFORMATION

Child's Name:

Date of birth:

Current address:

Special Medical Considerations/Allergies:

Additional Child's Name:

Date of birth:

Special Medical Considerations/Allergies:

Additional Child's Name:

Date of birth:

Special Medical Considerations/Allergies:

PARENT/GUARDIAN INFORMATION

Parent/Guardian Name:

Relationship to Child:

Best phone number to reach you during day:

Email address:

Parent/Guardian Name:

Relationship to Child:

Best phone number to reach you during day:

Email address:

Are there any custody agreements, court orders or restraining orders pertaining to the child?

If yes, please attach relevant court documents.

A copy of your child's emergency form will also be held by the staff. Is there any additional information you would like us to be aware of regarding alternative dismissal and/or dismissal instructions?

FALL SHARK SQUAD SIGN UP

- ❖ I would like to register my student for **Shark Squad** on Tuesday & Thursday mornings from 8:00 AM – 9:15 AM (please note that Shark Squad drop off is between 7:30 AM – 8:00 AM).
- ❖ My \$200 payment is attached for the fall season. Please make all checks out to **The Perry School**.
- ❖ If you are in need of a payment plan please contact Monica Cherry: monicaqcherry@gmail.com

Please send this form along with payment to:

The Perry School
745 E 7th St.
Boston, MA 02127

Parent Signature: _____ Date: _____